## LEAN IN Women2Women



606 Court Street Reading PA 19601 Tel: 610-376-6766 Fax: 610-376-4135

www.GreaterReading.org

## Application for Lean In Circle

name.		
Employer: _		
Address: _		
_		<del></del>
Email: _	Phone:	<del></del>
Position: _	Years in Position:	
Age Range:	: :	
	20-25 25-30 30-35 35-40 40-45 45-50 50+	
Do you super	ervise personnel? If so, how many?	
Preference for	for Meeting Times:  AM PM	
AM is norma	nally 7:30a-9:30a I PM is normally 4:30p-6:30p I Meetings in Wyomissing	1
	oining a Lean In Circle: (please write a brief paragraph describing your expectations and goa vement in the program):	als
<ul><li>Have ac</li><li>Attend a</li><li>Sign co</li><li>Share c</li></ul>	will be expected to: active & good-standing GRCA membership. d all scheduled meetings, unless sick, on vacation or handling an emergency. confidentiality agreement. openly – be willing to give and get. nit to good group discussion.	
	ne application and understand the expectations involved. Lean In Circles will meet 10 times a fee of \$500. Circles run January-June, summer break then SeptDec.	s/year witl
Signature	Date	

Please return application to Katie Johnsen @ kjohnsen@greaterreading.org by Dec. 15, 2024.



Women2Women

## ABOUT LEAN IN CIRCLES

These intentionally curated and facilitator-led groups are comprised of 12-14 women leaning in to learn, grow and support each other in a communicative and trusting atmosphere. Curriculum is provided by the Lean In Foundation founded by Sheryl Sandberg, Facebook COO, and Rachel Thomas, technology entrepreneur. Updated yearly the curriculum is a growing library of lectures offering participants practical skills applicable to professional and personal lives.

Circles meet monthly, alternating between education meetings and exploration meetings. Video lectures are shown at education meetings followed by topic discussions. Exploration meetings allow members to discuss current-day situations they are challenged with within the context of work, life balance and more.

Participation fee is \$500/year and includes 10 sessions.



- Increased Professional Confidence
- Managing Conflict Resolution
- Enhanced Decision Making Skills
- Improved Communication Skills
- Building Team Dynamics